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California Naturopathic Doctors Association February 2013 Update

Upcoming CNDA Events

Merging Medicine 14 Environmental Medicine and Oncology in Primary Practice

March 23-24, 2013
San Francisco, CA

**Early Bird
Pricing
ENDS TONIGHT!**

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Dear California Naturopathic Community,

With Spring just around the corner, the terrain is fertile for fresh developments and renewed vigor for our association and the profession at large. There are many new legislators in office to visit, important hearings about our profession's regulations to attend, discussions about nondiscrimination by insurance companies to partake in, and a conference to produce all the while!

If the momentum that 2013 has begun with continues, this will prove to be a very productive and *very busy* year for NDs in California!

Here's the update...

→ Lobby Day is Next Wednesday!

Lobby day takes place this coming **Wednesday, March 6, 2013 in Sacramento**. We need NDs from all over the state to attend this year's Lobby Day so we can take as many constituent meetings as possible. We want to keep our established relationships strong and build new bridges with newly elected representatives.

As of right now, the number of docs who have RSVP'd for this Lobby Day is low: we have about half as many signed up as we did last year. *We need more help!* Please sign up to attend and help educate your Sacramento representatives on Wednesday.



CNDA Links



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This is an important year - We want to remind legislators of our education level and cost-effective primary care capacity as discussions take place around the implementation of the Affordable Care Act in CA. In addition, our lobby day has been strategically planned before our upcoming Sunset Hearing on March 11th - a wonderful opportunity to broaden our representatives' understanding of how we safely and effectively serve their California constituents.

What the day will look like...

- 8:30am - NDs and students arrive at the State Capitol
- 9:00am - 10:00am - Lobbyist debriefing
- 10:00am - 4:30pm - Assigned appointments with legislators
- 5:00pm - 7:00pm - Cocktail reception at Mayahuel Restaurant

Please RSVP NOW at coordinator@calnd.org and include your home address and your practice address so we can match you up with your appropriate district representatives.

Thank you!



Legislative Update

Naturopathic Doctor Sunset Review 2013

Health care professions licensed in the state of California must undergo a review process every four years in order to maintain their right to continued licensure. This process of a health profession's licensing act being up for review by the legislature is referred to as the Sunset Review Process.

In order for Naturopathic Doctors to continue to have licensure in the state of California, we must pass our sunset review process successfully in 2013. This is our first sunset review since we have been licensed in California as a profession. We have safely helped many Californians improve their health since we were granted licensure in 2003. The Naturopathic Medicine Committee, the CNDA and our wonderful lobbying team are working hard to ensure that state legislators who will be responsible for commenting and voting on maintaining our Naturopathic Practice Act during the Sunset Review process are well educated on our the needs of our growing profession. You can help us educate legislators prior to the hearing by attending Lobby Day on March 6th! [Our sunset review report is now available on the NMC website here.](#)

Our hearing has been scheduled for March 11th. We will keep you updated. Stay tuned for details to come!

Affordable Care Act

The Affordable Care Act (ACA) - which goes into effect on



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January 1, 2014 - has an important nondiscrimination clause within it (Section 2706), which states that health insurance companies cannot discriminate against qualified health providers. The interpretation and implementation of the ACA are at each state's discretion. The CNDA is working with our wonderful lobbying team, the AANP legislative team and the Bastyr California leadership to educate policy makers about our training and licensure scope to ensure appropriate inclusion for NDs in the CA ACA benchmark health plans.

SB1446

Now that the IV Clarification Bill (SB1446) is in effect, be sure to visit the [NMC website](#) for more information about the changes that the bill has made and the course providers that have been approved by the Committee. [Visit this page for more information about SB1446.](#) The skinny is that nutritional injectables are now within our independent formulary. NDs who would like to practice IV therapy MUST fulfill the training and education requirements listed in SB1446. Many of you have already completed this training as part of your school curriculum, but each school must independently apply for approved provider status before these training hours are applicable.

- All of Dr. Virginia Osborne's IVNTP courses have been approved.
- Bastyr University's courses from 2007 and onward are approved.
- NCNM and SCNM are currently in the application/review process

The NMC website lists [current approved providers](#). The CNDA is working to notify all schools of this new requirement to expedite the process. Please continue to check the NMC website for updates on approved training providers.

→ AANP Call for Abstracts for 2013 Conference

The AANP Research Committee is accepting research abstracts for their *Research Track* of the 2013 Annual Conference in Keystone, CO.

Abstracts of superior quality will be selected for presentation. Each submission will be evaluated for its scientific content, clinical relevance, and specific needs of the AANP's educational program. [You can download the application here.](#)

→ New Additions to the Community

We would like to give a sincere welcome to the new Regular,

Associate, Out-of-State, and Student members that have recently joined our CNDA community!

We sincerely appreciate the support of all of our members who join and renew each year. The CNDA has reached a record number of members, and the timing couldn't be better. Without the support of a strong ND community, our work would not be possible!

New Member	Location
Dr. Abbas A. Bazy, ND	Fresno
Alison Gordon (ND Student)	San Diego
Dr. Andrea Minesake, ND	Carlsbad
Anne Berkeley (ND Student)	Tempe, AZ
Ariana Poularos (ND Student)	San Diego
Dr. Bridget Grusecki, ND	Sebastopol
Christina Caselli (ND Student)	Seattle, WA
Dr. Christina Youngren, ND	San Francisco
Dr. Cody J. Long, ND	Torrance
Dr. Garrett Wdowin, ND	Costa Mesa
Jennifer Henry (ND Student)	San Diego
Jennifer Van Wickler (ND Student)	La Jolla
Jessica Renfer (ND Student)	Mesa, AZ
Dr. Juli Mazi, ND	Santa Cruz
Dr. Kelly Han, ND	Walnut Creek
Dr. Kemberly Delellis, ND	Auburn
Dr. Kiraah Williams, ND	Hawthorne
Kizzy Raphael (ND Student)	Portland, OR
Melanie Icard (ND Student)	Tempe, AZ
Dr. Michael Mendribil, ND	Norwalk, CT
Dr. Moira Fitzpatrick, ND	San Diego
Natalia Lomnicki (ND Student)	San Diego
Dr. Patricia M. Herman, ND	Santa Monica
Dr. Ryan W. Weitman, ND	Fair Oak
Samika Savanur (ND Student)	San Diego
Sruti Kumar (ND Student)	San Diego
Dr. Timothy Schwaiger, ND	Lafayette
Dr. Vivek Shanbhag, ND	San Jose
Dr. Yinhsu Liu, ND	Los Angeles

 **Scope of Practice Reminder of the Month: Professional Titles**

Our monthly scope reminders are intended to help keep

everyone current and compliant with the laws regulating our profession. A complete overview of ND California Scope of Practice can be found on [this page of our website](#).

Rules and Recommendations about your Title

Most NDs in California are aware that it is illegal to refer to themselves as a 'physician,' but the laws can seem less clear about how one should use the term 'doctor.'

For instance, we often get asked, " Do I *always* need to specify Naturopathic Doctor when referring to myself or my title?" The answer is usually yes, but within reason. If you are stating your title on marketing materials or business cards, you legally must state Naturopathic Doctor somewhere on those materials or cards. Likewise, similar laws apply to how you refer to your clinic. You can refer to your clinic as a "medical" center or clinic as long as somewhere nearby (i.e. in a following paragraph or somewhere on the brochure, etc) you clarify that it is a Naturopathic Medical clinic.

Now, what about the seeming redundancy of titles such as Dr. John Doe, ND? While it may seem illogical (and yes, redundant), each time you introduce yourself with your full title, the fact of the matter is that you are helping to educate the public about the profession and this medicine. There are countless Californians who have never heard of a Naturopathic Doctor and those extra letters near the end of your name may just help spur more of the conversations we are counting on!

CNDA Mentor Program

Our Mentor and Mentee Program has begun and we are currently seeking more NDs who would be interested in guiding those in our community seeking support.

The CNDA is matching doctors seeking guidance with more experienced and knowledgeable docs in this state in order to foster more successful practices and a stronger collective community. Thank you to all who have generously volunteered to be a Mentor.

Any interested in volunteering as a Mentor, or in signing up as a Mentee, please email Kasey at coordinator@calnd.org.

Community Achievement

Each issue, we like to highlight the many accomplishments that are taking place within our community. If you, or someone you know, is making a difference for Naturopathic Doctors or our medicine at large, we'd like to share your news in our community e-blasts and on our Facebook page. Please send us the details so we can celebrate the many faces of success in our profession!

This month:



Dr. Lilian Au, ND,
Chair of our CNDA Membership Committee, has donated countless hours to the smooth operation of the CNDA, our events, and growing our membership benefits and numbers.

She has brilliantly led our CNDA Membership Committee for the past few years by improving membership benefits, giving new docs a warm welcome when they join the CNDA, and offering additional guidance that may be needed. She has led us to a record high in our CNDA membership numbers, recently implemented the new Mentor program, and has been working hard with the membership team on editing and revamping a soon-to-be released *Practice Guide* for all of us in California. Thank you Dr. Au for your commitment to our members and of the association as a whole!

Dr. Au is a licensed naturopathic doctor at [Paracelsus Natural Family Health Center](#) in Pasadena. She is graduate of Southwest College of Naturopathic Medicine and was the recipient of the Daphne Blayden Student Award for her academic achievement and her compassionate nature in helping others.

She completed two years of residency through the National College of Natural Medicine based in Portland, OR. Prior to medical school she was a research associate for 2 years in the Child Health Research Program at Children's Memorial Hospital and helped to conduct studies on clinical and public health issues that affect children's health. Her focus at Paracelsus Natural Family Health Center is in Pediatrics and Family Practice, working particularly with Women, Infants and Children. Her passion is to work on preventive care for children as well as improving the overall health of the whole family.

CNDA Membership in 2013 Join & Renew Now!

It's that time again! [CLICK HERE](#) to Join & Renew!!!

We have had an uncanny rate of growth and progress for a newly licensed state. Hooray!!! Our accomplishments are owed to our dedicated & cohesive membership collective - YOU!

We are proud to have record CNDA membership numbers AND we can do even better!! Join today if you haven't. Renew today 'cause it's time. Recruit any of your friends who are non-members because WE NEED EVERYONE! **We do in unison what we cannot do alone.**

A word about why membership is important...

CNDA membership directly supports our legislative work. We have a phenomenal lobbying team in Sacramento that coordinates our annual lobby day and year-round stakeholder

meetings, helps us track pertinent bills, advocate for appropriate inclusion, and draft necessary legislation. Your dues also support a centralized home office hub that works tirelessly to address issues that arise, share important professional updates, and organize our quality CE events. Additional benefits include your practice listing on both of our websites, member support services, helpful template documents and practice guides, free marketing brochures, free access to an EXPO kit for fairs, member pricing for CE events, and various vendor discounts.

The CNDA exists to serve and protect the interests of our profession. We are grateful for each and every one of you who choose to support this mission with your membership each year.

Together we can do great things! Join & renew NOW!
Thank You!!

****Monthly payment plans are available to make membership affordable for all****

Help the Profession - Join A Committee!

The CDNA is looking for NDs to help with the following committees: *(Meetings are 1 hour per month by phone)*

- **Insurance Committee** - We need NDs to sign-up who are dedicated to helping improve insurance coverage for our profession in CA. This committee tracks bills and works on educational materials for insurance companies, legislators, and CA healthcare stakeholders. To join, contact Dr. Minna Yoon at minnayoon@gmail.com.
- **Fundraising Committee** - Legislative advocacy and public affairs work is expensive and we currently do not have any volunteers on this committee. This is a call to action for docs who can help us reach out to allies for financial resources to support our mission of growing our profession's visibility and legal privileges. To join, contact Kasey Crispin at coordinator@calnd.org.

Check out the CNDA Classifieds

For information about current opportunities in the Naturopathic Community, be sure to visit the [CNDA Classifieds Page](#). Members can post listings for free, and non-members can post on this page for a small monthly fee. Check out the latest listings about practices for sale, spaces for rent, and other positions for NDs.

For information about posting on this page, contact Kasey at coordinator@calnd.org.

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