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California Naturopathic Doctors Association May 2013 Update

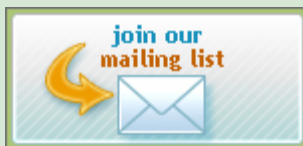
CNDA EVENTS

Sept 21-22, 2013
Merging Medicine XV
Pasadena, CA

**Obesity, Dysmetabolic
Syndrome and Weight
Management: Clinical
Solutions from Naturopathic
& Integrative Medicine**

Mark Your Calendar!

Registration Opens Soon!



Dear California Naturopathic Community,

May has been a beautiful and busy month! This month we had one of our most successful Pharmacy Webinars to date, with doctors from around the country joining us as Dr. Shauna Birdsall ND shared her experience treating patients undergoing chemotherapy. CNDA members attended town hall meetings about the upcoming Affordable Care Act implementation, and our legislative team worked to ensure SB305 (our Sunset Review Bill) successfully moved through the Senate B&P committee and the Senate floor! This summer promises to be full of opportunities to connect with your community at the Summer Regional Meetings throughout California!

Here's the update...

→ CNDA President & Vice President Search for 2014-2016

Come March 2014, it will be time to pass the torch to the next President and Vice President who will lead our profession here in California. During the past decade we have moved Naturopathic Medicine forward tremendously, with each round of leaders successfully building on the work of those who came before. This is a pivotal time for Naturopathic Medicine in California and we need the next round of visionary doctors to step in and help guide the future our profession.

Our CNDA bylaws call for the Board of Directors to appoint willing and qualified CNDA members to these two executive committee



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positions. If you are dedicated and passionate about seeing our naturopathic profession flourish, the time to step into a leadership role is now! Please contact the home office (executive@calnd.org) before the end of June if you are interested in learning more about what each position entails.

In July our Board of Directors will select the new president and vice president who will then begin training in July alongside our current leadership team. Training will begin once the positions are filled and will continue until the transition takes place in March 2014. We are community filled with charismatic, strong, qualified leaders - we hope many will come forward with interest, inspiration and excitement. If that's you, the time is now!

→ Self-Study Sale: 25% Discount 'til 6/30

Now is the time to get those learning materials you've been thinking about because all self-study pharmacy webinars, merging medicine conferences and business basics courses are 25% off until June 30th! We have a huge selection of great presentations on a wide variety of topics and you can very easily purchase a course, download it, watch it, and get an online completion certificate. An easy and cost saving way for you to learn new info and rack up CEs at the same time! [CLICK HERE](#) to go to our shopping cart and make your selections. On checkout use coupon code 25 to get the 25% discount. Members, also add your member coupon codes to get member pricing (separate coupon codes with a comma). Member coupon codes are on the checkout page.

→ Legislative Update

SB305 - Naturopathic Practice Act Sunset Review

Health care professions licensed in the state of California must undergo a review process every four years in order to maintain their right to continued licensure. This process of a health profession's licensing act being up for review by the legislature is referred to as the Sunset Review Process.

In order for Naturopathic Doctors to continue to have licensure in the state of California, we must successfully pass our sunset review in 2013. This is our first sunset review since we have been licensed in California as a profession. We have safely helped many Californians improve their health since we were granted licensure in 2003. The Naturopathic Medicine Committee, the CNDA and our wonderful lobbying team are working hard to ensure that state legislators who will be responsible for commenting and voting on maintaining our Naturopathic Practice Act during the Sunset Review process are well educated on our the needs of our growing profession. [Our sunset review report is now available on the NMC website here.](#)

The CNDA sends representation to testify at all public hearings. Our first hearing of the series was an informational hearing held on March 11th and it went very well. Dr. Yoon and

THE BODY DELI.



Dr. Agrios representing the CNDA and Dr. Field and Dr. Levy representing the NMC were present to testify in support of SB305.

We are thrilled to report that this month SB305 made it out of the appropriations committee and off the Senate floor (37-0) with a unanimous vote!

It will soon be heard by the Assembly B&P committee in June. Stay tuned!

Affordable Care Act

The Affordable Care Act (ACA) goes into effect on January 1, 2014. The interpretation and implementation of the ACA are at each state's discretion, and the CNDA is working to ensure appropriate inclusion for NDs in the California ACA benchmark health plans.

Currently, the CNDA is preparing for meetings with insurance providers and state agencies to appropriately educate about ND education and scope and advocate for ND inclusion. Special thanks to Dr. David Hogg, Dr. Lena Kian, and Dr. Tabatha Parker, all of whom were able to attend the Covered California town hall meetings of May.

SB1446 - Independent IM & IV Therapy Scope

Now that the IV Clarification Bill (SB1446) is in effect, be sure to visit the [NMC website](#) for more information about the changes that the bill has made and the course providers that have been approved by the Committee. [Visit this page for more information about SB1446.](#) The skinny is that nutritional injectables are now within our independent formulary. NDs who would like to practice IV therapy MUST fulfill the training and education requirements listed in SB1446. Many of you have already completed this training as part of your school curriculum, but each school must independently apply for approved provider status before these training hours are applicable. The CNDA has been in contact with all the accredited naturopathic medical schools to inform them of the IV course provider approval requirements of NMC.

- All of Dr. Virginia Osborne's IVNTP courses have been approved (see <http://ivnutritionaltherapy.com/> to find out more or register for a course).
- Bastyr University's courses from 2007 and onward are approved.
- NCNM is currently in the application/review process.
- CCNM has recently begun the application process.
- SCNM plans to apply for provider approval once they have established elective course(s) that clearly demonstrate accordance with the California amendment.
- NUHS is not going to apply for provider status because their curriculum does not currently provide the level of education and practice required.

The NMC website lists [current approved providers](#). Please continue to check the NMC website for updates on approved training providers.

On **October 1, 2014**, the ICD-9 code sets used to report medical diagnoses and inpatient procedures will be replaced by ICD-10 code sets. The transition to ICD-10 is required for everyone covered by the Health Insurance Portability Accountability Act (HIPAA).

Please note, the change to ICD-10 does not affect CPT coding for outpatient procedures and physician services.

For more information, visit the [Center for Medicare & Medicaid Services' website about ICD-10](#).

Mandatory HIPAA Compliance

As of **September 23, 2013**, all businesses covered by HIPAA must comply with HIPAA's privacy rules and regulations. A summary of HIPAA's privacy rules [can be found here](#). For more information, contact Lauren in the home office at coordinator@calnd.org.

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The CNDA has recently partnered with [Ethix Merchant Services](#) as an additional way to raise revenue to support our ability to move our medicine forward! Ethix merchant services processes transactions at the industry's lowest rates (interchange plus .25% plus \$.10 per transaction) and they will donate 25% of the fees they collect to the non-profit of your choice - The CNDA! Now there's a win-win situation! We've set up a page on our website that details the entire program and why switching to *Ethix Merchant Services will SAVE YOU MONEY and support your profession! Switch today!!!*

[Click Here To Learn More About Ethix Merchant Services](#)



Summer Regional Meetings are coming up!

Naturopathic Doctors throughout California will be gathering this summer to meet one another and come to a common understanding of where the profession is, as well as share information on common questions and issues. This is an excellent opportunity to connect with your fellow NDs! Currently, we are seeking volunteers to coordinate a meeting in your region this summer. If you are interested in volunteering, contact Lauren at coordinator@calnd.org!



Scope of Practice Reminder of the Month: Independent Prescribing Rights

Our monthly scope reminders are intended to help keep everyone current and safely compliant with the laws regulating our profession. A complete overview of ND California Scope of Practice can be found on [this page of our website](#).

A naturopathic doctor may independently prescribe and administer the following:

- Epinephrine to treat anaphylaxis,
- Natural and synthetic hormones,
- Food & extracts of food,
- Nutraceuticals,
- Vitamins
- Minerals,
- Amino acids
- Enzymes,
- Botanicals and their extracts,
- Botanical medicines
- Homeopathic medicines,
- All dietary supplements, and
- Nonprescription drugs as defined by the federal Food, Drug, and Cosmetic Act.

A naturopathic doctor may utilize routes of administration including oral, nasal, auricular, ocular, rectal, vaginal, transdermal, intradermal, subcutaneous, intravenous, and intramuscular (B&P Code Section 3640).

Naturopathic doctors may independently administer the following RX substances via ID/SC/IM/IV routes, when chemically identical to those for sale without an RX:*

- Vitamins,
- Minerals,
- Amino Acids,
- Glutathione,
- Botanicals and their extracts,
- Homeopathic medicines,
- Electrolytes, sugars & diluents (B&P Code Section 3640.7)

*Note: in order to administer IV substances NDs must meet all the training requirements specified in 3640.8

To read more about NDs scope of practice in California law, see [this section of the CA Business & Professions Code](#).



Community Achievement

We like to highlight the many accomplishments that are taking place within our community. If you, or someone you know, is making a difference for Naturopathic Doctors or our medicine at

large, we'd like to share your news in our community e-blasts and on our Facebook page. Please send us the details so we can celebrate the many faces of success in our profession!

This month:

Dr. Andrew Brandeis, ND



is a Naturopathic Doctor, healthcare and IT consultant, and Co-Founder of the Integrative Medicine resource **Share Practice**. Dr. Brandeis earned his doctoral degree from Bastyr University in Seattle, WA and holds a B.S. in nutrition. He completed his residency at the Northwestern Clinic of Naturopathic Medicine in Bellingham, WA, has trained at the True North Health clinical fasting and

Integrative Medicine detox center in Santa Rosa, CA and has completed the ILADS physician training program in chronic Lyme disease. He currently practices at San Francisco's Care Practice.

Share Practice gives doctors power to collaborate on treatments and rate clinical efficacy. This next generation medical reference gives every doctor the ability to 'publish' findings, get feedback from the community, review conventional therapies and incorporate new and integrative medicines into the collective knowledge-base. *Learn more about the Share Practice app* at www.sharepractice.com.

Thank you Dr. Brandeis for your ongoing commitment to patient health and your continual contributions to our community!

→ Upcoming Community Expos & Health Fairs

Let's raise awareness in our communities at health expos and events where there is an opportunity to increase education about who we are! If you have leads on upcoming events in your community, send us that information so we can spread the word to the rest of our CA community on monthly events. Send info to coordinator@calnd.org.

→ New Additions to the Community

A celebratory welcome to the new members that have recently joined our CNDA community! And Thank You to all our existing member!!!


We are ecstatic that we have a continuously growing community! We have been doing tremendous work to move our profession forward together and there is still lots to do: public awareness work, affordable care act and general insurance inclusion, a scope expansion bill!

If you know docs who aren't yet members recruit them today! It is

affordable and it is important!

Welcome...

Member Name	Location
Dr. Nina Campagna	Oakland, CA
Dr. Nathen Gabriel	Oakland, CA
Kacy Borba	NCNM
Mahboubeh Hashemi	Bastyr, CA
Katherine Leonard	Bastyr, CA
Wafaa Matti	Bastyr, CA
Anna Noyola	NUHS
Lara Thompson	Bastyr, WA

 **Be On A TV Show - Promote Natural Medicine With Your Story**

Natural Medicine Saved My Life!

Do you or someone you know or have treated have a miraculous story of recovery and healing from a debilitating health issue?

We want to know how your life was changed by an eastern, homeopathic, holistic, or alternative medicine therapy. If so, we would love to speak with you in greater detail about your story.

Casting this week! Please email us at naturalhealingtv@gmail.com.

Qigong, Reiki, Hyperbolic Oxygen Therapy, Chinese Herbal Therapies, Craniosacral Therapy, Acupuncture, Reflexology, or any other type of alternative therapy.

Please include in your email:

- A brief description of your story
- Name
- Age
- Photo
- Contact Information

Natural Medicine Saved My Life! Is a new Television series for the wellness network Veria Living TV <http://www.veria.com/tv>.

The 13 episode program tells the astounding true stories of people struggling with life altering conditions or illness who, after repeatedly having their hopes dashed by western medicine, decided to turn to the east and embrace ancient methods of healing.

Each episode will compare the medical approaches from both east and west, examine how each therapy is believed to work, and determine how these unbelievable transformations of health

actually occurred. Viewers will gain a greater understanding and appreciation of both eastern AND western medicine and what each approach has to offer.

CNDA Mentor Program - Update

So far, six established doctors have been paired with mentees. A special thanks to our mentors who have generously offered up their time and wisdom!

We are continuing to seek out more NDs who are interested in offering guidance to those newer in the community and seeking support.

Our aim is to foster more successful practices and a stronger collective ND community in California!

If you are interested in volunteering as a Mentor or signing up as a Mentee, please email Lauren at coordinator@calnd.org.

Check out the CNDA Classifieds

For information about current opportunities in the Naturopathic Community, be sure to visit the [CNDA Classifieds Page](#). Members can post listings for free, and non-members can post on this page for a small monthly fee. Check out the latest listings about practices for sale, spaces for rent, and other positions for NDs.

For information about posting on this page, contact Lauren at coordinator@calnd.org.

CNDA Membership - We Need You!!! Join or Renew Now!

It's marvelous that we have a 64% membership rate! We are doing great California...AND we can do even better!!! The more members we have the faster we can move our profession forward!

Membership is important and it's affordable!

[CLICK HERE](#) to Join or Renew NOW!!!

Recruit any of your friends who are non-members!

A word about why membership is important...

CNDA membership directly supports our legislative work. We have a phenomenal lobbying team in Sacramento that coordinates our annual lobby day and year-round stakeholder meetings, helps us track pertinent bills, advocate for appropriate inclusion, and draft necessary legislation. Your dues also support a centralized home

office hub that works tirelessly to address issues that arise, share important professional updates, and organize our quality CE events. Additional benefits include your practice listing on both of our websites, member support services, helpful template documents and practice guides, free marketing brochures, free access to an EXPO kit for fairs, member pricing for CE events, and various vendor discounts.

The CNDA exists to serve and protect the interests of our profession. We are grateful for each and every one of you who enable this collective work with your membership each year. Together we are doing great things!

Monthly payment plans are available to make membership affordable for all

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