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California Naturopathic Doctors Association June 2013 Update

CNDA EVENTS

Merging Medicine XV
Pasadena, CA

Sept 21-22, 2013

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Syndrome and Weight
Management: Clinical
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Dear California Naturopathic Community,

Big changes are afoot at the CNDA! Most notably, we are in the process of transitioning to new membership management software for our website. This is the same software that the AANP uses for their members, and we are very excited to be upgrading and bringing you new features, including:

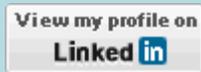
- A forum section for discussing common practice and business questions,
- A members only section with office templates and forms, and
- A fully integrated renewal feature that allows you to renew and update your profile all in one place!

We are currently working out all the bugs and kinks in the software as we get it into place. Within the next month or so you'll be able to login and start accessing all of our great new features. Thank you for your patience during this transition. We'll let you know when we are all set up and ready to go!

Here's the update...

→ It's Time For Summer Regional Meetings!

Naturopathic Doctors throughout California will be gathering this summer to meet one another and come to a common understanding of where the profession is, as well as share



CNDA LINKS



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information on common questions and issues. This is an excellent opportunity to connect with your fellow NDs! Currently, we are seeking volunteers to coordinate meeting locations, dates and invites in each local region this summer. All update materials will be provided for each community meeting. If you are interested in volunteering, contact Lauren at coordinator@calnd.org!

→ Legislative Update

SB305 - Naturopathic Practice Act Sunset Review

Health care professions licensed in the state of California must undergo a review process every four years in order to maintain their right to continued licensure. This process of a health profession's licensing act being up for review by the legislature is referred to as the Sunset Review Process.

In order for Naturopathic Doctors to continue to have licensure in the state of California, we must successfully pass our sunset review in 2013. This is our first sunset review since we have been licensed in California as a profession. We have safely helped many Californians improve their health since we were granted licensure in 2003. The Naturopathic Medicine Committee, the CNDA and our wonderful lobbying team are working hard to ensure that state legislators who will be responsible for commenting and voting on maintaining our Naturopathic Practice Act during the Sunset Review process are well educated on our the needs of our growing profession. [Our sunset review report is now available on the NMC website here.](#)

The CNDA sends representation to testify at all public hearings. Our first hearing of the series was an informational hearing held on March 11th and it went very well. Dr. Yoon and Dr. Agrios representing the CNDA and Dr. Field and Dr. Levy representing the NMC were present to testify in support of SB305.

We are thrilled to report that this month SB305 passed through the Assembly B&P Committee unanimously! Onto the Assembly floor!

Successful passage of SB305 will extent the NMC's ability to regulate the profession and offer licensure until 2018.

Affordable Care Act

The Affordable Care Act (ACA) goes into effect on January 1, 2014. The interpretation and implementation of the ACA are at each State's discretion, and the CNDA is working to ensure appropriate inclusion for NDs in the California ACA benchmark health plans.

SB1446 - Independent IM & IV Therapy Scope

Now that the IV Clarification Bill (SB1446) is in effect, be sure to visit the [NMC website](#) for more information about IV therapy practice requirements and the course providers that have been approved by the Committee. [Visit this page for more information about SB1446.](#) The skinny is that nutritional injectables are now within our independent formulary. NDs who would like to practice IV therapy MUST fulfill the training and education requirements listed in SB1446. Many of you have already completed this training



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THE BODY DELI.



as part of your school curriculum, but each school must independently apply for approved provider status before these training hours are applicable. The CNDA has been in contact with all the accredited naturopathic medical schools to inform them of the IV course provider approval requirements of NMC.

- All of Dr. Virginia Osborne's IVNTP courses have been approved (see <http://ivnutritionaltherapy.com/> to find out more or register for a course).
- Bastyr University's courses from 2007 and onward are approved.
- NCMN is currently in the application/review process.
- CCNM has recently begun the application process.
- SCNM plans to apply for provider approval once they have established elective course(s) that clearly demonstrate accordance with the California amendment.
- NUHS is not going to apply for provider status because their curriculum does not currently provide the level of education and practice required.

The NMC website lists [current approved providers](#). Please continue to check the NMC website for updates on approved training providers.

→ ICD-10 Code Implementation Update

On October 1, 2014, the ICD-9 code sets used to report medical diagnoses and inpatient procedures will be replaced by ICD-10 code sets. The transition to ICD-10 is required for everyone covered by the Health Insurance Portability Accountability Act (HIPAA).

Please note, the change to ICD-10 does not affect CPT coding for outpatient procedures and physician services.

For more information, visit the [Center for Medicare & Medicaid Services' website about ICD-10](#).

→ Mandatory HIPAA Compliance

As of September 23, 2013, all businesses covered by HIPAA must comply with HIPAA's privacy rules and regulations. A summary of HIPAA's privacy rules [can be found here](#). For more information, contact Lauren in the home office at coordinator@calnd.org.

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The CNDA has recently partnered with [Ethix Merchant Services](#) as an additional way to raise revenue to support our ability to move our medicine forward! Ethix merchant services processes transactions at the industry's lowest rates (interchange plus .25% plus \$.10 per transaction) and they will donate 25% of the fees they collect to the non-profit of your choice - The CNDA! Now there's a win-win situation! We've set up a page on our website that details the entire program and why switching to *Ethix Merchant Services will SAVE YOU MONEY and support your profession! Switch today!!!*

[Click Here To Learn More About Ethix Merchant Services](#)



Scope of Practice Reminder of the Month: HIPAA Rules

Our monthly scope reminders are intended to help keep everyone current and safely compliant with the laws regulating our

profession. A complete overview of ND California Scope of Practice can be found on [this page of our website](#).

Come this September, HIPAA compliance will be mandatory for all healthcare providers. HIPAA is intended to protect the privacy of patients.

Protected health information includes any patient data that relates to:

- the individual's past, present or future physical or mental health or condition,
- the provision of health care to the individual, or
- the past, present, or future payment for the provision of health care to the individual, and that identifies the individual or for which there is a reasonable basis to believe can be used to identify the individual. Individually identifiable health information includes many common identifiers (e.g. name, address, birth date, social security number).

Protected information is only required to be disclosed in two cases:

- To the individual (or their personal representative) when the request access to, or an accounting of disclosures of, their protected health information, and
- To the HHS when it is undertaking a compliance review or enforcement action.

Protected information is permitted to be disclosed in the following cases:

- To the individual,
- To treatment, payment, and health care operations,
- In situations where the patient has the opportunity to (either formally or informally) agree or object to disclosure (e.g. sharing pertinent information with a family or friend caretaker)
- Public interest and benefit activities (e.g. if the patient has been exposed to a communicable disease that requires reporting to the CDC, or in a domestic abuse situation), and
- Limited data set (limited data from the patient's record that removes any patient-specific identifiers can be used for research, health care operations, and public health purposes).

There is a lot about HIPAA to learn, so we recommend becoming familiar with the rules now! You can learn more in this [summary document](#) or on the [US Health and Human Services' website on HIPAA](#).

New Additions to the Community

A celebratory welcome to the new members that have recently joined our CNDA community! And Thank You to all our existing members!!!

We are ecstatic that we have a continuously growing community! We have been doing tremendous work to move our profession

forward together and yet there is still lots to do: public awareness work, affordable care act and general insurance inclusion, a scope expansion bill!

*If you know docs who aren't yet members recruit them today!
It is affordable and it is important!*

Welcome...

Member Name	Location
Dr. Derek Lawrence	Carlsbad, CA
Dr. Antonella Aguilera-Ruiz	Placerville, CA

→ CNDA Mentor Program - Update

So far, six established doctors have been paired with mentees. A special thanks to our mentors who have generously offered up their time and wisdom!

We are continuing to seek out more NDs who are interested in offering guidance to those newer in the community and seeking support.

Our aim is to foster more successful practices and a stronger collective ND community in California! If you are interested in volunteering as a Mentor or signing up as a Mentee, please email Lauren at coordinator@calnd.org.

→ Community Achievement

We like to highlight the many accomplishments that are taking place within our community. If you, or someone you know, is making a difference for Naturopathic Doctors or our medicine at large, we'd like to share your news in our community e-blasts and on our Facebook page. Please send us the details so we can celebrate the many faces of success in our profession!

This month a special highlight on:

Dr. Margaret Stahler, ND, PhD, MPH

is well grounded in natural medicine. Growing up in rural Minnesota, she spent time in Nature either outdoors in the woods or flower gardening. She combined her love of plants with the love of medicine as a Naturopathic Doctor. As an expert nutritionist, she is able to discuss many whole foods and their health benefits as well as nutritional supplements. She studied food crops



in her PhD work incorporating a side project on strawberry flavor compounds that exposed her to plant medicinal compounds. She learned to use energy medicine through her work with plants in her flower garden as a young person. She transferred this skill to her work with people.

She added to her knowledge by studying with phenomenal teachers over the years. The use of energy medicine is an aspect of her Cranial Sacral Therapy that makes it highly effective. Her goal is to help her patients realize optimal health and be pain free through Naturopathic Medicine and Cranial Sacral Therapy.

Dr. Stahler writes for Delta Living Magazine, and was recently featured in [110 Degree Magazine](#) and a radio show, [Healing Conversations with Mildred Lynn McDonald](#).

Find out more about Dr. Stahler's practice: [Madrona Naturopathic Healthcare](#).

Thank you Dr. Stahler for your ongoing commitment to patient health and your continual contributions to our community!



Upcoming Community Expos & Health Fairs

Let's raise awareness in our communities at health expos and events where there is an opportunity to increase education about who we are! If you have leads on upcoming events in your community, send us that information so we can spread the word to the rest of our CA community on monthly events. Send info to coordinator@calnd.org.

Join the 2013 Integrated Medicine for the Underserved in Santa Clara for their 3rd Annual Conference from August 9-10

This conference is a unique educational experience that brings together clinicians (MDs, DOs, NDs, DCs, LAcS, behavioral health specialists, herbalists, NPs, PAs, etc) staff and administrators working to bring Integrative Medicine to underserved populations. Plenary and breakout sessions will share affordable evidence-based and integrative approaches to common chronic diseases, discuss unique ways to utilize group medical visits, and provide a like-minded community base for activism around integrative medicine for underserved populations. For more information, visit www.IM4US.org



Check out the CNDA Classifieds

For information about current opportunities in the Naturopathic Community, be sure to visit the [CNDA Classifieds Page](#). Members can post listings for free, and non-members can post on this page for a small monthly fee. Check out the latest listings about practices for sale, spaces for rent, and other positions for NDs.

For information about posting on this page, contact Lauren at coordinator@calnd.org.



CNDA Membership - We Need You!!! Join Today

It's marvelous that we have a 64% membership rate! We are doing great California...AND we can do even better!!! The more members we have the faster we can move our profession forward!

Membership is important and it's affordable!

[CLICK HERE](#) to Join or Renew NOW!!!

A word about why membership is important...

CNDA membership directly supports our legislative work. We have a phenomenal lobbying team in Sacramento that coordinates our annual lobby day and year-round stakeholder meetings, helps us track pertinent bills, advocate for appropriate inclusion, and draft necessary legislation. Your dues also support a centralized home office hub that works tirelessly to address issues that arise, share important professional updates, and organize our quality CE events. Additional benefits include your practice listing on both of our websites, member support services, helpful template documents and practice guides, free marketing brochures, free access to an EXPO kit for fairs, member pricing for CE events, and various vendor discounts.

The CNDA exists to serve and protect the interests of our profession. We are grateful for each and every one of you who enable this collective work with your membership each year. Together we are doing great things!

****Monthly payment plans are available to make membership affordable for all****

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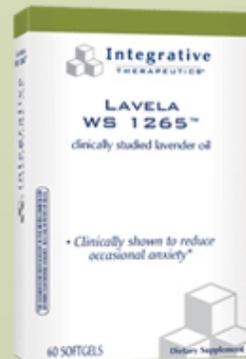
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